THE PAKEMAN **PRESS**

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Bikeabilty Workshops for Nursery and 2+

This week, the Nursery and 2 plus children attended Bikeabilty workshops using Balance bikes! Bikeability Balance is a course designed for all children, whether they can already ride or

are yet to learn to ride a bike.

This training helps greatly with gaining some essential cycling skills, such as increasing core

strength, developing motor skills and spatial awareness. The instructors use a series of games to teach children how to control their bikes safely.

Bikeability







Congtratulation Lee

The Pakeman community would like to extend its congratulations to Lee, who has just been made Deputy Speaker for Hackney.

Lee is currently a London Fields councillor and for the next year will act as second-in-command to the speaker.

Very well done Lee. This is an amazing achievement. We are very proud of you.

Read more: Hackney Citizen



Primary School

Issue 6 Summer Term 2024 Friday 24th May 2024

DATES FOR YOUR DIARY

Half Term Holiday

Mon 27th - Fri 31st May



Please Note:

School is closed **Polling Day** July 4th

SUPERSTARS



Elm Pine Cherry Holly Maple Willow Palm Banyan Olive Cedar

Thea Melina Aribah Munir Xain Sanaa Savana **David** Leonardo Yaqub

Mahogany Joan Eucalyptus Aida Sequoia Hanifa

Well done Superstars



Attendance and Punctuality

Year Grou p	Best Attendance	Most Improved		Best Punctuality	
EYFS & KS1	Palm Class	Palm Class Willow Class		Elm Class	
KS2	Under 96%	No Improvement		Banyan Class Eucalyptus Class	
		GRE		E4 »	





Important Reminder - Whooping Cough

We are seeing the highest number of cases in infants since the introduction of the maternity vaccine in 2012. **The outbreak is still growing.**

Whooping cough spreads very easily and can cause serious problems. Parents/carers can protect their children from this infection by:

- Taking the vaccine whilst pregnant, which protects the baby until it can be vaccinated
- Ensuring their babies and children receive all their routine vaccines

If a baby or child has symptoms of whooping cough, seek an urgent GP appointment. This NHS link provides more information: Whooping Cough

Create Club

Families in Create Club enjoyed a wonderful baking session with Marcia this week. They made these delicious looking meringues and renamed them -

Unicorn Poo! Yum!!

















World Food Coffee Morning North African, Caribbean & Central & South American Food

Thank you Natalie for organising this event It turned out to be such a wonderful, warm, chatty and inspiring morning!

Everyone enjoyed delicious food, which ranged from 'Ackee & Saltfish' and 'Bun & Cheese' from the Caribbean to Algerian crumpets, chocolate and marzipan cake. Complimentary fresh mint tea from Marcia's garden added to the occasion.



Thank you to everyone who contributed, including Fatima Rekada and Kerima Kechid. A special shout out to parents and carers who couldn't make the event but also contributed, especially Marlana Phillips, Nicole Robinson and Hayate Air Mansoor.

Next Coffee Morning:

Thursday 6th June 9am in the Lodge







Are you on a low income or receiving certain benefits?

You could be eligible for a Healthy Start card. This can be used to buy fruit, vegetables, milk and infant formula. You'll get money added onto it every 4 weeks:

- £4.25 each week of your pregnancy from the 10th week
- £8.50 each week for children from birth to 1 year old
- £4.25 each week for children between 1 and 4 years old

Your money will stop when your child is 4 years old, or if you do not get benefits that make you eligible.

When you apply, make sure:

- Your details are up to date with HMRC or DWP
- You enter your details as written on your benefits award
- All your children under 4 are on your Universal Credit claim



If you're having difficulties with applying and need help:

Call Family Support:

020 7527 8376 or visit your local children's centre.

Adult Community Learning

Pakeman Primary School Pakeman School **Year 6 Transition Workshop**

School Admissions team and ACL partnership

Free courses for parents and carers of children going into year 6 in September 2024.

- · Curriculum expectations
- SATs testing
- · Parent and child wellbeing
- Information on how to apply for secondary schools from the schools admissions team.

Tuesday 25th June at 2pm at the School

Contact Natalie at the School Office for more information







For more information about ACL courses WhatsApp 07734 777 466 or visit our website www.adultlearning.islington.gov.uk

ust be 19 or over, unemployed or low-waged to be eligible for our free cour

SUPPORTED BY MAYOR OF LONDON



Did you know that there is a boat club in Islington?



There are some great offers if your child would like to try kayaking or canoeing including a May Half Term Project.

Saturdays:

£5 per 2 hour session with British Canoeing Qualified Instructors - from 8 years

Tuesdays:

FREE sessions for girls from 10 years

Check out their website:

https://www.islingtonboatclub.com





Activities Include:

Tag Archery
 Volleyball

VolleyballBasketball

Football

Athletics and more!

Finsbury Park Athletics Track

Time:

1.30PM - 3.30PM

For more information and Book Online: www.accesstosports.org.uk/bookings

















Join us for a

Fabulous Friday Family Event

creative activities with artist **Aida Silvestri** music & much more!

Fun for all the Family

(suitable for children of all ages)

Where?

All Change, 27 Dingley Place, EC1V 8BR

[Buses: 43, 205, 214, 394, 4, 56, 55, 243]

When?

Friday 31 May 12-2pm

Free Admission & Lunch

For more information call/text: 07904 328864 Email: projects@allchangearts.org

> www.allchangearts.org Instagram @allchangeldn Twitter @allchangearts

islington giving



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KEEP VOTING

PAKEMAN NEEDS YOU!

Please remember to VOTE for Pakeman Primary School when you shop at TESCO!

- 1. Purchase something at one of these stores.
- 2. Ask for a token every time.
- 3. Find the voting boxes.



We need you to vote for us when you make a purchase in any of the following stores:

Ldn Holloway Express N19 4EB

Archway Holloway Rd N19 5SS

Seven Sisters Rd Express N4 2HY

Stroud Green N4 3PX

Drayton Park Exp N5 1AN

Sisters Rd Ldn Exp N7 7NS

Lower Holloway Exp N7 8GA

Caledonian Rd Ldn Exp N7 8TP