

THE PAKEMAN PRESS



Pakeman Primary School

Issue 7 Summer Term 2024

Friday 7th June 2024

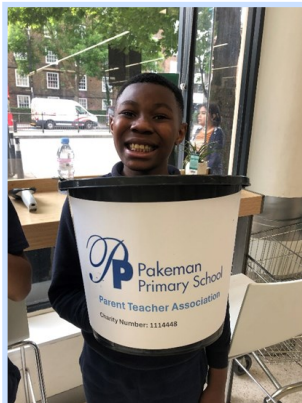
Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Thank You Waitrose Customers!

Some of our school council members learnt about fundraising this week by collecting money at the Waitrose store in Holloway Road on behalf of Pakeman Primary PTA.

In a very short time, they raised £100 from the kind customers at Waitrose which will go towards playground improvements.

Thank you to Waitrose for allowing us to collect money and well done to the school council for being such great ambassadors of Pakeman School!



DATES FOR YOUR DIARY

End of Summer Term:
Tuesday 23rd July
Finish 1.30



Please Note:

School is closed
Polling Day
July 4th

SUPERSTARS



Elm	Anas
Pine	Yunus
Cherry	Reagan
Holly	Sienna
Maple	George
Willow	Sakima
Palm	Yusuf
Banyan	Jessica
Olive	Haytham
Cedar	Ilyas
Mahogany	All children
Eucalyptus	Atlanta
Sequoia	Lauren

Well done Superstars



TESCO VOTING FOR NURSERY GROWING STARS ONE LAST PUSH - LAST 2 WEEKS!



Help us to achieve funding from Tesco.

Please remember to vote for Pakeman Primary School in the final two weeks when you shop at Tesco's local stores so that our nursery can get some funding. Thank you!

Ldn Holloway Express N19 4EB	Archway Holloway Rd N19 5SS	Stroud Green N4 3PX
Seven Sisters Rd N4 2HY	Drayton Park Exp N5 1AN	Sisters Rd Ldn Exp N7 7NS
Lower Holloway Exp N7 8GA	Caledonian Rd Ldn Exp N7 8TP	

Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Willow Class	Under 96%	Elm Class
KS2	Cedar Class	Olive Class	Sequoia Class



Prayer Room

The Prayer and Meditation Room is now running on

Tuesdays and Wednesdays

In the Therapy Room

At 12:45



Reception and KS1 Movie Night



A very big thank you to Marcia for organising a movie night for Reception and KS1. All the children loved it!

Thanks also to Popcorn Planet for so generously providing popcorn for our extremely well-behaved cinema goers.



Reminder: KS2 Movie Night will take place on **12th June at 6pm**. Please ask at the office for available tickets.

Pakeman Competition Winner

Congratulations to Rebecca Mahoney from Olive Class, who has won the 2024 - 2025 interfaith calendar competition!

This year the theme was ...

"One Planet, One People, One Future"

Rebecca's artwork was amazing and really captured the theme well. Very well done Rebecca.



A Big Thank You To All Our Amazing Volunteers!



This week is volunteers week when the benefits of volunteering are celebrated!

We have many volunteers working in our school - readers, volunteers in classrooms and to help with clubs. We are enormously grateful for the time that they commit to the school and the children.

Have you thought about volunteering?

Even an hour a week makes a huge difference and can help you feel better connected to your community.



Healthy Eating Week



The [British Nutrition Foundation's Healthy Eating Week](#) has taken place this week. Throughout the week, in school kitchens across the country, the aim has been to provide children with information and resources around the following themes:

- * **Get at least 5 A DAY**
- * **Stay hydrated**
- * **Move more**
- * **Focus on fibre**
- * **Reduce food waste**



At Pakeman, at lunchtime each day, we have been encouraging everyone to **'Give it a go!'** This involved encouraging children to think about having one extra portion of fruit or vegetables a day, considering ways to be a bit more active, or trying out a new healthy food.

A whole school 'Healthy Eating' assembly also took place to remind children of the benefits of eating healthily.

Our school lunch caterers, Caterlink, set up a beautiful healthy eating display and provided different healthy samples for the children to try each day. Stickers were available to encourage and reward children who tried new things.



caterlink Health and Wellbeing Menu				
Monday Chunky Vegetable Pasta Bake Option 1 Wholesome Broccoli Pasta Bake Option 2 Sweetcorn Green Beans Sides Fresh Fruit Dessert	Tuesday Chilli con Carne with Rice Cauliflower & Vegetable Rice Beetroot Bread Apple Cumble with Ice Cream Fresh Fruit Berry Mousse Yoghurt	Wednesday Jerk Chicken with Rice & Peas Jerk Vegan Quorn with Rice & Peas Carrot & Beetroot Stew Roasted Mixed vegetables Sweet Corn Bread Fresh Fruit Berry Mousse Yoghurt	Thursday Chicken & Vegetable with 50/50 Rice Mixed Vegetable Couscous Mixed Vegetables Rice A Day Cass Fresh Fruit	Friday Fish Fingers & Chips Chicken & Vegetable with Chips Vegan Sausages with Chips Fresh Baked Beans Fresh Fruit Yoghurt



Huge thanks to Lauren and to our amazing kitchen team for co-ordinating and delivering our Healthy Eating Week here at Pakeman. Also, very well done to all the children who tried something new this week. There were lots of smiles and empty plates in the dining room!



SUMMER FAIR

This year's theme

CARNIVAL



SUMMER FAIR

CARNIVAL



MACMILLAN TEA AND CAKE SALE

Tuesday 11th June
3pm to 4:30pm
Pakeman Primary School

MACMILLAN
CANCER SUPPORT

Please join us for tea, coffee and cake in the bottom hall. All proceeds will go to Macmillan Cancer Support. Thank you



Pakeman's Movie Night



12 June 2024 • 6-8pm
Years 3, 4, 5 & 6

No parent needed to attend
£1 ticket
includes popcorn and fresh lemonade
book in advance to ensure a place



Get your ticket!

MAKE-DO PLAY

Kid's Jumble

TOYS - CLOTHES - BOOKS

Pay as you can!

Plus a free outdoor play session for all ages

TUES 11TH JUNE
10.30-1.30

WATERSIDE ADVENTURE
PLAYGROUND, N1 7FR

Please bring along donations of toys, clothes and books for ages 0-8
All proceeds to Project Play

Charity No: W594012083



MAKE-DO PLAY

Child-led outdoor play sessions for all ages **Free!**



Waterside Adventure Playground

50 Dame Street, N1 7FR

Term-time Tuesdays
10.30-1.30



Tollyrise Happiness Garden

St Mary's Hornsey Rise, Ashley Road, N19 3AD

Every Thursday
10.30-1.30

March - November

*closed Aug 1st & Aug 22nd



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Cripplegate
Foundation



make-do-play.weebly.com



@make_do_play

Adult Community Learning

Pakeman School

Year 6 Transition Workshop

School Admissions team and ACL partnership

Free courses for parents and carers of children going into year 6 in September 2024.

- Curriculum expectations
- SATs testing
- Parent and child wellbeing
- Information on how to apply for secondary schools from the schools admissions team.

Tuesday 25th June at 2pm at the School

Contact Natalie at the School Office for more information and to book.



For more information about ACL courses WhatsApp 07734 777 466 or visit our website www.adultlearning.islington.gov.uk

You must be 19 or over, unemployed or low-waged to be eligible for our free courses.

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For a more equal future

Looking for More Support?

Your local Bright Start Health Visiting Team can provide support and advice on infant nutrition and feeding, as well as building a relationship with your baby.

Visit their [webpage](#) or check out [children's centres and activities for under-5s](#).

For healthy eating tips for pregnant women, infants and new mums, visit:

[First Step Nutrition](#).

Click on the link below for a host of advice and useful Bright Start services:

[Health Visiting Service](#)

