

THE PAKEMAN PRESS



Pakeman
Primary
School

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Issue 9 Summer Term 2024

Friday 21st June 2024

Go Ape At Alexandra Palace

This week, a group of Pakeman children enjoyed a Go Ape trip. This was an opportunity for them to step out of their comfort zones, meet new children and exercise their brilliant social skills. It was a day filled with fun, great heights and super brave children. Natalie and Marcia were very proud of everyone for facing their fears, being daring and inspiring them both to be brave and take part too.



DATES FOR YOUR DIARY

End of Summer Term:
Tuesday 23rd July
Finish 1.30

Please Note:
School is closed
Polling Day
July 4th

School Production
Tuesday 16th July
1.30pm
Wednesday 17th July
10am and 1.30pm



SUPERSTARS



Elm	Ethan
Pine	Talha
Cherry	Adl
Holly	Maryam
Maple	Rayan
Willow	Rome
Palm	Iqra
Banyan	Adam
Olive	Kolin
Cedar	Kais
Mahogany	Arsilda
Eucalyptus	Amarachi
Sequoia	Liyana

Well done Superstars



Super Fundraising Gill

Funds kept arriving for Gill's recent Macmillan Tea and Cake sale. The final amount raised was **£500**. The Macmillan charity were over the moon to receive this money. Well done Gill and everyone else who supported this important fundraiser.



A Visit to Chessington

Our year 6 children went to Chessington this week where they had an absolute blast! Harry and Henry can be seen quietly praying on the ride Mandrill Mayhem. Thanks to all the staff who took the children on the trip, kept them safe and ensured they had a truly memorable day - Harry, Rose, Nastasha, Fahima, Siobhan and Estelle.



Sports Day

Thank you to all the parents, carers and family members for attending sports day this week. We were blessed with sunny weather and everyone was really involved. Our children were amazing - very well behaved and supportive to their team members. Huge thanks to our wonderful staff for the extra work involved in keeping our children safe as well as enabling them to have great fun taking part in a range of events.





Create Club

When life (City Harvest) gives us clementines, Marcia and the Create Club families spring into action and make delicious fresh juice.



They also learnt about growing citrus plants. Great work everyone.



This is a full day workshop directed to fathers and male carers of children, age 0 to 5, who have an Islington GP.

Fathers/male carers can subscribe directly through the Eventbrite page.

The event is lead by the Tree of Life trained family therapist Rosan and clinical psychologist trainee Iraklis.

Using a narrative technique that see the use of arts and craft, drawing and connecting with nature, the aim is to support fathers/male carers in looking inside, noticing their strengths (roots), what is informing their parenting today (culture, childhood experience/couple relationship -Trunk) and what are their hopes for the future (leaves and fruits).

Islington Community **AMHER** Bright Start ISLINGTON NHS Whittington Health NHS Trust

When parenting gets challenging, **coming together with other fathers and male carers** can make a difference to how we feel

'Tree of Life' workshop for Fathers

This FULL DAY workshop will involve you with **DRAWING, CRAFTING, and SHARING EXPERIENCES** of resilience. **Much like a collection of trees in a forest surviving a storm, we are stronger when we are together!**

Saturday the 13th of July 10:00-16:00

Facilitated by Rosan McCall and Iraklis Theocaropoulos

To book a place register online at:
<https://www.eventbrite.co.uk/e/tree-of-life-fathers-workshop-tickets-920754129387?aff=oddtcreator>

Free NHS Workshop

LOCATION
 Islington Ecology Centre
 191 Drayton Park
 London N5 1PH

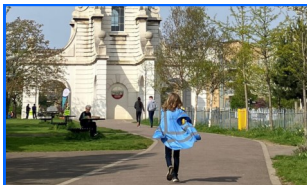
For fathers and male carers with children aged **0-5** years who live or have a **GP** in Islington

For further information call **07557 603326**

To book a place register online:

Growing Together
 Support for Fathers and Young Children

Keep Active In Islington



Join in a great weekly fun run every Sunday for four to 14-year-olds.

Junior Parkrun is a free, fun weekly event organised by volunteers for children aged four to 14. The two-kilometre run takes place every Sunday morning at 9am and is a great introduction to getting physically active for all the family, outside, together on the weekend. Whether you walk, jog, run, volunteer or spectate, it's great fun.

Everyone's welcome! Events take place at:

[Caledonian Park](#) and [Highbury Fields](#).

[Register for Cally junior parkrun](#)

[Register for Highbury Fields junior parkrun](#)

Adult Community Learning

Pakeman School Year 6 Transition Workshop

School Admissions team and ACL partnership

Free courses for parents and carers of children going into year 6 in September 2024.

- Curriculum expectations
- SATs testing
- Parent and child wellbeing
- Information on how to apply for secondary schools from the schools admissions team.

Tuesday 25th June at 2pm at the School

Contact Natalie at the School Office for more information and to book.

For more information about ACL courses WhatsApp 07734 777 466 or visit our website www.adultlearning.islington.gov.uk

You must be 19 or over, unemployed or low-waged to be eligible for our free courses.

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