

# THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.



**Pakeman  
Primary  
School**

Issue 3 Autumn Term 2024

Friday 27th September 2024

## Pakeman Culture Day

Last week, the children celebrated Culture Day by coming to school dressed in clothing which represented their cultures. Many brought in traditional foods to share with their classes. They also celebrated by listening to music from around the world and sharing interesting facts about the different countries and cultures our families come from. It was a fantastic day of learning and celebrating diversity! Thanks to Zehra for organising this great day for our families.



## DATES FOR YOUR DIARY

Half Term

Monday 28 Oct

Friday 1 Nov

End of Term

Friday 20th December  
1.30pm



## SUPERSTARS



|            |          |
|------------|----------|
| Elm        | Iqra     |
| Pine       | Rashad   |
| Cherry     | Yunus    |
| Holly      | Riyad    |
| Maple      | Munir    |
| Willow     | Isabella |
| Palm       | Arhaan   |
| Banyan     | Firdaus  |
| Olive      | Ethan    |
| Cedar      | Imran    |
| Mahogany   | Ibraheem |
| Eucalyptus | Yaqub    |
| Sequoia    | Richie   |

Well done Superstars



## Attendance and Punctuality

| Year Group | Best Attendance      | Most Improved        | Best Punctuality           |
|------------|----------------------|----------------------|----------------------------|
| EYFS & KS1 | Palm Class           | Under 96% attendance | Early Years                |
| KS2        | Under 96% attendance | No improvement       | Cedar Class<br>Olive Class |



**MONTHLY MONDAY SEND**  
**COFFEE MORNINGS**

PLEASE JOIN US FOR A SPACE TO SHARE, DISCUSS, RECEIVE SUPPORT AND UNWIND

FIRST MONDAY OF EVERY MONTH  
EXCEPT APRIL AND MAY

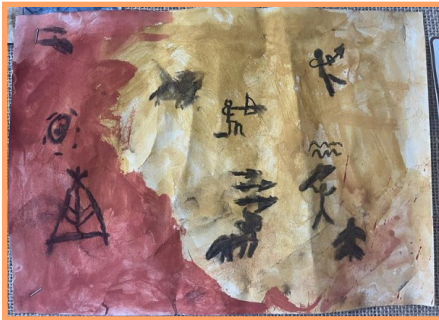
**SUPPORT**

**SHARE** IDEAS

**LISTEN**

## Stone Age Art

Children in Year 3 and 4 created fantastic cave paintings for their Stone Age topic. They used both watercolours and charcoal to explore ancient artistic techniques. Their work showcased great creativity and a strong understanding of the theme. Well done everyone.



## Little Feet - Physio drop in sessions (Bright Start)

Is your child under 5? Do you have concerns with their hips or legs?

See a physiotherapist at any of the Little Feet Physio drop in sessions for screening and advice. There is no need to book.

Phone Children's Centre/Physiotherapy admin: **020 3316 1971** as dates may be subject to change.

See the link for current available dates: [Little Feet Drop In Sessions](#)

**Bright Start ISLINGTON**

**Little Feet Physio Drop in Clinic**  
For families with children aged 0-5 and an Islington GP  
Please arrive at least 30 minutes before the end of the session.

**New River Green Children's Centre on**  
Mondays 9:30 - 10:00am  
16th September 2024  
26th October 2024  
9th December 2024

**Archway Children's Centre on**  
Wednesdays 11:30am - 1:00pm  
25th September 2024  
23rd October 2024  
27th November 2024  
18th December 2024

**Barnetton Children's Centre on**  
Wednesdays 1:30 - 3:00pm  
4th September 2024  
2 October 2024  
6th November 2024  
4th December 2024

Does your child have an issue with their hips or legs?  
Please come and see a Physiotherapist at any of our Little Feet Physio Drop-in sessions for screening and advice.

No need to book, but please arrive at least 30 minutes before the end of the drop-in session.  
Please do confirm with the children's centre or Physiotherapy admin on 020 3316 1971 in advance as these dates may be subject to change.  
Only available to those families who are registered with us or in Islington.

Family hubs. Start for life

Whittington Health

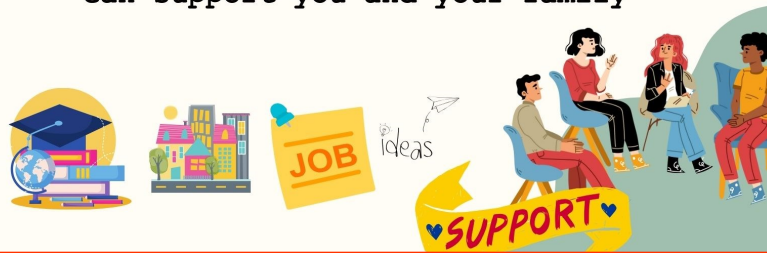
ISLINGTON

# Child and Family Support Coffee Afternoon



**Tuesday 1st October 2:20pm in the LAB**

Please join Marcia and Natalie as we re-introduce ourselves and discuss how we can support you and your family



## Bright Start - Islington

Islington Council offers a variety of resources and services to support healthy eating for children under 5. Visit the Bright Start Islington information page to learn more about:



- How to join a [Family Kitchen programme](#): Get inspiration for creating delicious and nutritious meals your little one will love.
- Local [children's centres](#) and support groups: Connect with other parents and carers, learn about healthy eating habits, and find advice on raising a healthy child.
- [Healthy Start pre-paid card](#): The card can be used to buy milk or infant formula, fresh or frozen fruit and vegetables for low-income pregnant women and children under 4
- [Healthy Start vitamins](#): In Islington, ALL pregnant women, women trying to conceive, and new mums with a child under 1 can receive FREE vitamins. Children aged 3 and under can also receive free vitamins for their development. You do not have to be eligible for the Healthy Start Card to receive your free vitamins. The vitamin tablets for women contain folic acid and vitamins C and D. The drops for children contain vitamins A, C and D. You can pick up vitamins at all 16 children's centres.



# FREE SWIMMING LESSONS IN ISLINGTON

Throughout the school holidays and in partnership with Islington Council, we are proud to be able to offer a variety of free swimming lessons for children and families. Lessons will run during Easter, May Half Term, Summer and October Half Term. Sessions include:

- Adult and child swimming lessons: 6-week course for under 3's \*Summer holiday only
- Swimming lessons for 4 -13-year-olds, intensive lessons, Monday - Friday for 1 or 2 weeks
- Teen swimming lessons 13 -16-year-olds, intensive lessons, Monday - Friday for 1 or 2 weeks
- Family swimming lessons, 6-week course for up to 2 adults and 2 children to learn to swim together and enjoy the pool together \*Summer holiday only

To apply please scan QR code or visit website at [better.org.uk/free-swimming-lessons](http://better.org.uk/free-swimming-lessons)

You can email for more information at [summer.lessons@gll.org](mailto:summer.lessons@gll.org)



**BETTER** ISLINGTON  
For a more equal future

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## Incredible Years parenting course

**14 week course for parents/carers of children aged 3 - 6 years.**

Would you like to share and learn new parenting skills?  
Do you want to be a more confident and happier parent/ carer?

Would you like to learn more about how you can support your child's development?

**Increase your confidence in parenting your children and learn new skills in a relaxed and friendly group.**

**When:**

Thursdays 9:30am – 12:00pm  
10 October 2024 – 30 January 2024

**Where:**

King Square Community Centre  
King Square Estate EC1V 8DY

Crèche available for those attending the group.  
**Crèche Settling date:** 3 October 2024

To register your interest:  
[brightstartsouth@islington.gov.uk](mailto:brightstartsouth@islington.gov.uk)



## SCHOOL FUNDRAISING

More clothes - more funds for your organisation.  
1 kg = £0.55

YOUR COLLECTION IS ARRANGED ON:

15th October

FILL ANY BAGS WITH CLOTHING AND BRING THEM TO SCHOOL/ORGANISATION WE WILL COLLECT AND WEIGH THEM

✓ WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

✗ WE DON'T ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvelts & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- VVorkwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

PLEASE NO UNIFORMS & DUVETS!

RAISE MONEY FOR YOUR SCHOOL BY GIVING AWAY YOUR UNWANTED CLOTHES

[hello@thelittlerecyclers.co.uk](mailto:hello@thelittlerecyclers.co.uk) • 07476 406699 • [thelittlerecyclers.co.uk](http://thelittlerecyclers.co.uk)

## Recycle and raise funds for Pakeman!

Our school ECO Club is very excited to announce it's latest project!

Do you have old clothes, shoes, bags and fashion accessories that you no longer use?

Do you want to help the environment that we are growing up in?

**Then follow these 2 easy steps:**

1. Fill any bag, box or suitcase with your unwanted items
2. Bring your items to the school hall on **Tuesday 15th October**

The bags will then be collected and Pakeman PTA will be paid based on the weight of donations. Everyone benefits!

Watch out for the leaflet in your child's bookbag which will specify what items are acceptable.

