THE PAKEMAN PRESS

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Sonia Boyce Portraits

Children in Sequoia class have produced some fantastic portraits of Sonia Boyce. She is a London based British Afro-Caribbean artist and the first black female to represent Britain at the Venice Bienale, a prestigious art exhibition. Exceptional work Sequoia - very well done!
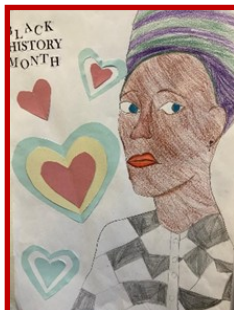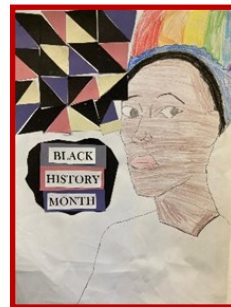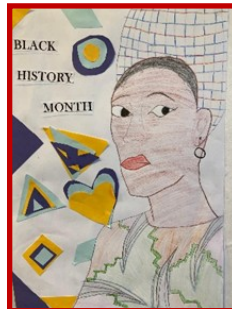
DATES FOR YOUR DIARY

End of Term

Friday 20th December
1.30pm

Local Food Hubs

Food hubs in Islington can help families get essential supplies. To find support, visit:

Islington Food Partnership or get in touch with IMAX on **020 7527 8600** or email claimit@islington.gov.uk

SUPERSTARS

Elm	Joaquim
Pine	Zaynah
Cherry	Taliya
Holly	Ahlam
Maple	Asma
Willow	Zahra
Palm	Armel
Banyan	Asheena
Olive	Dania
Cedar	Cimran
Mahogany	Emily
Eucalyptus	Maria
Sequoia	Mujiza

Well done Superstars

DATE FOR YOUR DIARY
CHRISTMAS FAIR
17TH DEC

Pakeman Primary School

Preparing for the Christmas Fair

WE NEED YOUR HELP

Speak to Marcia if you can help in any way

Can you...
Donate prizes for Tombola?
Help set up and or clean up?
Face paint?

SUPPORT

WORK TOGETHER!

Attendance and Punctuality

Year Group	Best Attendance	Most Improved	Best Punctuality
EYFS & KS1	Under 96%	Under 96%	Elm Class
KS2	Under 96%	Under 96%	Over 3 lates

Vaccination Information

If you are pregnant vaccinations are free from your maternity service or GP practice. The flu, COVID-19, RSV, and whooping cough vaccines are recommended during pregnancy to safeguard both mother and child. Any questions, visit the NHS website, or speak to your midwife or GP.

The Adventures of Odysseus

Years 5 and 6 have been creating some mixed media pictures inspired by their literacy book, *The Adventures of Odysseus*. In the story, a ship is caught in a terrible storm created by Poseidon, the Sea God. The hero, Odysseus, is the only one to survive. Great art work!

Disability Sports

Years 5 and 6 have had special coaching sessions this term which enables them to try new skills, games and equipment. Coach Greer, from Disability Sports, has done a brilliant job of showing the children how to use teamwork and senses, like touch and sound. Using blindfolds and balls with bells inside, the children have experienced what life can be like for those with disabilities and how important it is for everyone to take part in sporting activities!

DISABILITYSPORTSCOACH

Seasons Homework Projects

Years 1 and 2 have been doing some incredible work this term and are keen to share some of their Seasons homework projects with you. Very well done everyone - the work looks amazing!

REMINDER - Non Uniform Day

On **Wednesday 11th December** we will be having a non-uniform day to raise money for the Whittington Health Charity. They are attempting to make some much needed improvements to the Children's Ward where some of your own children may have received treatment.

Your children will decorate and wear special antlers to their Christmas Lunch for some festive fun and in return we are asking for a **£1 donation.**

Thank you in advance.

Less medical, more magical

A vision to transform Whittington Hospital's Children's Ward

The Children's Ward at Whittington Hospital is currently a tired, unwelcoming and clinical-looking space. We know that the hospital environment has a big impact on patients' wellbeing, and so we're going to change it.

Using charitable donations, we'll transform the ward into a welcoming and child-friendly space that creates a calming and relaxing atmosphere for our youngest patients.

£50 could help buy sensory toys to reduce anxiety in a distressed child.

£100 could go towards a LED ceiling panel to distract a child when having bloods taken.

£200 could go towards new interactive wall art to transport a child to a place 'less medical, more magical'

www.whittingtonhealthcharity.org
Whittington Health Charity is the working name of The Whittington Hospital NHS Trust Charitable Funds. Registered Charity Number: 1056452

Fundraise for us

Eco Club Trashion Show

Members of our school Eco Club did a highly creative "Trashion Fashion Show" last week in assembly. The girls made outfits out of recycled rubbish.   Fantastic creations everyone!

The Stress Project's
MINDFULNESS COURSE

Learn Mindfulness tailored to your mental health needs

Clinically proven to help improve sleep, de-stress and reduce anxiety and depression

FREE 8-Week course - Jan 17th - March 7th
Fridays at 1-3pm
The Old Fire Station, 84 Mayton Road, N7 6QT
Book via **02077003938** or
stressproject@hng.org.uk

Funded by
Cloudesley

HOLLOWAY NEIGHBOURHOOD GROUP
84 MAYTON STREET
N7 6QT
HOLLOWAY

Winter Reading Challenge

Pakeman children - why not try joining the Great Winter Reading Challenge this year?

Read four books between the 02 December and 28 February to get a certificate! You can read or listen to any books you like; Information books, joke books, stories etc. Suitable for children aged 0 - 16

All Islington Libraries are running this challenge for children. It's a great opportunity to encourage children to read for pleasure, fire their creativity and imagination, improve their literacy and widen their vocabulary.

For details pop into your local library:

[Local Libraries](#)