

THE PAKEMAN PRESS



**Pakeman
Primary
School**

Thank you for taking the time to read this weekly newsletter. We hope you will find its contents useful.

Issue 4 Spring Term 2025

Friday 7th February 2025

Pakeman and Young Voices

Earlier this week, our choir attended the Young Voices concert at the O2 Arena. It was an incredible night and our children sang amazingly well.



Young Voices is a wonderful opportunity for children and teachers to unite in a special choir experience. Everyone involved discovers their voice, gains confidence and enjoys a memorable experience. Thank you to Janet, Tegan and Ben for taking the children and huge thanks to Jack for his enthusiasm and commitment, which has enabled our fantastic choir to be involved in this musical extravaganza. Well done choir!



Hidden Heroes

Some very lucky year 6 children (and adults!) went on a Hidden Hero trip to see both parts of Harry Potter and the Cursed Child at the Palace Theatre. They got to have McDonalds for an early dinner and even squeezed in a quick play in a local park. Thank you to Tracey, Natasha, Rose, Estelle, Siobhan and Fahima for accompanying the children. It was a fantastic trip and all the children agreed it was the best trip ever!



DATES FOR YOUR DIARY

Half Term

Mon 17th Feb - Fri 21st Feb

End of Spring Term

Friday 4th April
(Finish 1.30pm)

Start of Summer Term

Tues 22nd April 2025



Please note:

Holidays are **not** authorised during term time. Unauthorised holidays could result in penalty charges being issued to those parents and carers with parental responsibility.

STARS OF THE WEEK



| | |
|------------|---------|
| Elm | Karim |
| Pine | Thea |
| Cherry | Hodan |
| Holly | Michael |
| Maple | Eros |
| Willow | Ash |
| Palm | Imran |
| Banyan | Adam |
| Olive | Dania |
| Cedar | Jessica |
| Mahogany | Abdel |
| Eucalyptus | Munira |
| Sequoia | Nawal |



MONTHLY
MONDAY
SEND
COFFEE MORNINGS
FIRST MONDAY OF EVERY MONTH
EXCEPT APRIL AND MAY
9:15AM IN THE LAB

Look out for next month's meeting!

Join us for an informal and supportive session where we'll be discussing:



- Strategies to manage transitions at home
- Using Social Stories to support daily routine
- Using a Sensory Circuit at home



Please donate



Any school uniform that no longer fits so we can provide a **Pre-Loved uniform service**

Starting next term

World Book Day is just around the corner!

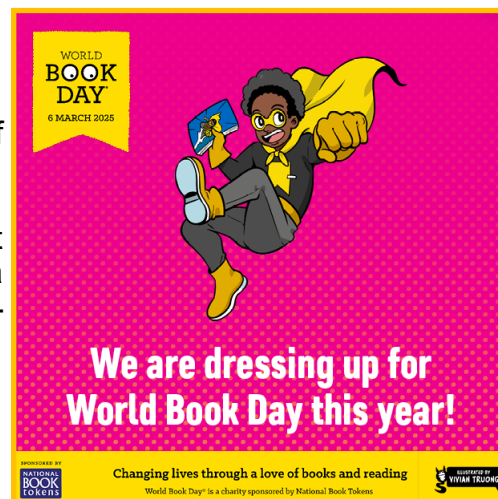
1 month to go, save the date

On **Thursday 6 March** our school will be doing lots of fun activities to encourage children to read for fun.

We are dressing up for World Book Day this year! What does your child like to read? Wear a small clue or a whole costume. If you want ideas there are great low-cost options on the World Book Day website:

[World-Book-Day-2025-low-cost-dressing-up-pack.pdf](#)

Let's get ready to #readyourway!



Reading with your Child Coffee Morning

Pakeman had a lovely Coffee Morning last week with Alana and 2 Islington Librarians. Those who attended discussed all the free activities the library has to offer, such as Lego club and Baby Bounce.

The librarians reminded everyone of the Winter Competition they are running, in which children take out 3 books over Winter and receive a certificate. They also emphasised the importance of parents and carers reading with their child from a young age and the benefits of visiting the Library regularly with your child.

www.islington.gov.uk/libraries





Attendance and Punctuality

| Year Group | Best Attendance | Most Improved Attendance | Best Punctuality |
|-----------------------|-----------------|--------------------------|------------------|
| EYFS & KS1 | Palm class | Under 96% | Elm class |
| KS2 | Mahogany class | Under 96% | Mahogany class |

Bright Start

If you need some advice and guidance, you can speak to one of our Family Engagement Workers or visit an advice session. Bright Start family support provides assistance and *Early Help* family support for local families with children under five.

Mon, Wed, Fri
9am-12noon
Tel: 020 7527 8376



Safer Internet Day

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Safer Internet Day 2025 will take place on 11th February 2025, with celebrations and learning based around the theme **'Too good to be true? Protecting yourself and others from scams online'**

Safer Internet Day is the UK's biggest celebration of online safety. Each year they cover an online issue or theme that speaks about the things young people are seeing and experiencing online. Created in consultation with young people across the UK, this year Safer Internet Day will be focusing on the issue of scams online and for young people, how to protect themselves and others, as well as what support is available to them.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety>

NSPCC

Keeping children safe online

We all have a part to play in keeping children safe online. Find out how with our online safety guides.



Safer Internet Day

ISLINGTON Digital Charter

Children's Commissioner Digital 5 A Day

In Islington, we want to promote the safe, happy and creative use of technology. In consultation with our children, parents and staff we have developed our very own 'Digital Charter'

- Mobile-free mealtimes
- Real books at bedtime
- Be kind online
- Create, don't consume
- Balance online and physical activity
- Think before you share

<https://islington-gov.j2bloggy.com/Islington-Computing-Online-Safety/>



Pizza & chat

Thursday 27th February
6.30 - 8.30pm

At Ramsay Scout Centre
319 Holloway Road, London, N7 9FU

SEND parent carers evening
Pizza & soft drinks provided
Adult only event

Run by SEND families for SEND families
www.islingtonparentcarerforum.com

St Michael's CofE Primary School
North Road, Highgate, N6 4BG

FEBRUARY ART CAMP

FOR CHILDREN AGED 6 TO 11
FROM 17TH TO 21 ST FEBRUARY
FROM 10AM TO 3PM

WHOLE WEEK OR DAILY BOOKINGS AVAILABLE
10% OFF WHEN BOOKING THE WHOLE WEEK
10% OFF SIBLING DISCOUNT
ALL MATERIALS INCLUDED

BOOK NOW!
www.artcampswithinina.co.uk



"Thank you thoroughly enjoyed the sessions."


"Good facilitation with some good advice in response to real questions."

"It worked well - thank you!"

Please speak to Marcia if you need support to understand more about this parent/carer support group.

Parenting your child with ADHD

Group for parents and carers of children aged 5-12 years who have a clinical diagnosis of ADHD



Referrals

To find out more information about the programme and upcoming groups please email us at family@brandoncentres.org.uk. Self-referrals or professional referrals are accepted and can be made by calling 020 7267 4792 or emailing family@brandoncentres.org.uk.

Contact details:

Brandon Centre
26 Prince of Wales Road
London
N6 5AG
Tel: 020 7267 4792
Email: family@brandoncentres.org.uk
Website: www.brandoncentres.org.uk




Brandon Centre
Here for Young People

updated / Jan 2023

Brandon Centre
Here for Young People

FREE 6-week parent support group for residents in Camden and Islington

ADHD PARENT SUPPORT GROUP



WE'RE ALL IN THIS TOGETHER!

All parents and carers of children aged 5-12 with an ADHD diagnosis are welcome

Learn more about the diagnosis and gain parenting skills and strategies from the 1-2-3 Magic model to help you manage your child's behaviour

Parents awaiting an assessment can join from Session 2

For referrals contact: family@brandoncentres.org.uk

Starting on:
24th Feb 2025
10AM to 11.30AM

CONTACT US FOR MORE INFORMATION
www.brandoncentres.org.uk
020 7267 4792

For parents and carers of children with ADHD aged 5-12 years

For parents and carers of children with a diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) aged 5-12 years. This is a 6-week group programme that meets for 1.5-2 hours a week. The group is facilitated by a qualified mental health professional with experience in supporting parents and carers. The group is run several times a year either online or face to face.

The group builds on what parents are doing well and teaches parents and carers skills and strategies to improve and manage difficult behaviour in children in this age group. It also incorporates the **123 Magic™** approaches, which complement and enhance the programme. The sessions cover the following areas:

- Providing information on Attention Deficit Hyperactivity Disorder
- Setting household rules
- Developing and implementing schedules and routines
- Realistic expectations
- Giving clear and calm instructions
- Rewards and praise
- Staying positive and looking after yourself
- The 123 Magic™ approach to effective discipline.